

# About the Company

Green Grow Bowl is a company that sells healthy food in the form of meals. This company was established to meet the needs of healthy food in the market. The current generation is very concerned with healthy eating but lacks time to prepare healthy meals in daily life because they are busy with daily activities such as work, study, and so on. Green Grow Bowl's purpose was to encourage people to practice healthy eating, even though they are very busy with daily life. Green Grow Bowl offers a variety of healthy food menus that are delicious and ready to eat to meet the needs of consumers who want to eat healthy food but lack time. Green Grow Bowl uses online platforms such as Facebook, Instagram, TikTok, WhatsApp as the main source of sales. Green Grow Bowl also has delivery sales in various applications such as Grab Food, Food Panda, Shopee Food and others to make it easier for customers to order food. The purpose of Green Grow Bowl was established to encourage people to practice healthy eating even though they are very busy with daily life.

